EMDR ASIA TRAINING || 2020-2023

No.	Country	Training	Date	Name of Trainers	Number of Participants	Additional Notes (if needed)
1	Bangladesh	1. Training on Virtual EMDR	3 July 2021	Dr Dusyant Bhadlikar	20+	(2hours)
		2. Psychotraumatology 101: Trauma	26-28 March 2020	Shaheen Islam, PhD	24	18 CPD hrs
		Informed		Dr Mahjabeen Haque		3days in person
		3. Self Care Procedure for	12 Apr, 2020	Gary Quinn, M.D.	20+	virtual
		Coronavirius Therapist Training				
		4. Online GTEP for Self-Care of EMDR	22 April 2020	Derek Farrell	20+	virtual
		Therapists				
		5. Psychotraumatology 101: Trauma	15-16 July 2022	Shaheen Islam, PhD	18	16 CPD hrs
		Informed		Dr Mahjabeen Haque		Blended 2days in
						person 1 day virtual
		6. Psychotraumatology 201:	1- 2 October 2022	Shaheen Islam, PhD	26	12 CPD hrs
		Understanding Attachment		Dr Mahjabeen Haque		2 days in person
		7. Psychotraumatology 202:	14-15 January 2023	Shaheen Islam, PhD	18	12 CPD hrs
		Understanding Stabilization		Dr Mahjabeen Haque		2 days in person
		8. EMDR Level 1 (virtual)	10-11 and 19-20 March,	Dr Sushma Mehrotra	9	Ongoing 5
			2023	Dr Dushyant Bhadlikar		consultations
				Dr Parul Tank		
				Shaheen Islam, PhD (in		
				training)		
				Dr Mahjabeen Haque in		
				training)		
		9. Psychotraumatology 101	3,4 and 18 November	Shaheen Islam, PhD	25	16 CPD hrs
				Dr Mahjabeen Haque		Blended 2days in
					_	person 1 day virtual
2	Pakistan	1. EMDR basic training part 1 and 2	Sept 2020-Feb 2021	Dr Khadija Tahir	8	Conducted at
						Islamabad
		2. EMDR basic training part 1 and 2	Feb 2021-June 2021	Dr Khadija Tahir	8	Conducted at Lahore
		3. EMDR basic training part 1 and 2	June 2021-Nov 2021	Dr Khadija Tahir	10	Conducted at Karachi
		4. EMDR basic training part 1 and 2	Oct 2021-Feb 2022	Dr Khadija Tahir	8	Conducted at Lahore

		5. EMDR basic training part 1 and 2	Oct 2021-March 2022	Dr Khadija Tahir	8	Conducted at Islamabad
		6. EMDR basic training part 1 and 2	Nov 2021-March 2022	Dr Khadija Tahir	6	Conducted at Karachi
		7. EMDR basic training part 1 and 2	Feb 2022-June 2022	Dr Khadija Tahir	8	Conducted at Lahore
		8. EMDR basic training part 1 and 2	June 2022-Oct 2022	Dr Khadija Tahir	12	Conducted at Karachi
		9. EMDR basic training part 1 and 2	Sept 2022-Feb 2023	Dr Khadija Tahir	8	Conducted at Lahore
		10. EMDR basic training part 1 and 2	Nov 2022-March 2023	Dr Khadija Tahir	10	Conducted at Karachi
		11. EMDR basic training part 1 and 2	April 2023-Sept 2023	Dr Khadija Tahir	8	Conducted at Karachi
		12. EMDR basic training part 1 and 2	April 2023-Aug 2023	Dr Khadija Tahir	10	Conducted at Lahore
		13. EMDR basic training part 1	Oct 2023-ongoing	Dr Khadija Tahir	8	Conducted at Lahore
		14. EMDR basic training part 1	Dec 2023-ongoing	Dr Khadija Tahir	8	Conducted at Lahore
3	China	1. P2 Training	two weekends, 13-14 & 20-21 November 2021.	Dr. Rosalie Thomas and Dr. Sushma Mehrotra	33	Virtual Training
		2. P1 and P2 Training (Shanghai, Chengdu)	2022 P1 and P2 training	Dr. Fang li, Dr. Yuchuan Yang, Dr.Jinsong Zhang, Dr.Xiangzhen Ma, Dr. Jianjun Li	About 70 or so	On-Site with virtual
		3. P1 and P2Training (Shanghai, Beijing)	2023 P1 and P2 training	Dr. Fang li, Dr. Yuchuan Yang, Dr.Jinsong Zhang, Dr.Xiangzhen Ma, Dr. Jianjun Li	About 100+	On-Site with virtual
4	Indonesia	1. EMDR Training Part 1	5-6 June dan 12-13 June 2021	Dr. Tri Iswardani A., M.Si., Psikolog Tri Swasono Hadi, M.Psi., Psikolog Nathanael E. J. Sumampouw, M.Psi., Ph.D., Psikolog Yulia Direzkia, S.Psi., M.Si., Psikolog	12	On-Site
		2. EMDR Refresher Training	4 March 2022	Dr. Tri Iswardani A., M.Si., Psikolog Tri Swasono Hadi, M.Psi., Psikolog	29	Virtual

3. EMDR Training Part 1	6-8 October 2023	Dr. Tri Iswardani A., M.Si., Psikolog Tri Swasono Hadi, M.Psi., Psikolog Nathanael E. J. Sumampouw, M.Psi., Ph.D., Psikolog I G A Ayu Jackie Viemilawati (ToT) Dr. Pingkan C. B. Rumondor, M.Psi., Psikolog (ToT)	26	On-Site
4. EMDR Training Part 2	6-8 Oktober 2023	Dr. Tri Iswardani A., M.Si., Psikolog Tri Swasono Hadi, M.Psi., Psikolog Nathanael E. J. Sumampouw, M.Psi., Ph.D., Psikolog Yulia Direzkia, S.Psi., M.Si., Psikolog	9	Virtual
5. Psychotraumatology	18-19 August 2020	Dr. Tri Iswardani A., M.Si., Psikolog	25	Atma Jaya Catholic University of Indonesia
6. Psychotraumatology, Emotion Stabilization, & RDI	20-21 & 27-28 Agustus 2021	Yulia Direzkia, S.Psi., M.Si., Psikolog	40	
7. Psychotraumatology	18-19 August 2021	Dr. Tri Iswardani A., M.Si., Psikolog	26	Atma Jaya Catholic University of Indonesia
8. Psychotraumatology	7 & 9 September 2022	Dr. Tri Iswardani A., M.Si., Psikolog	25	Atma Jaya Catholic University of Indonesia
9. Psychotraumatology	8-9 September 2023	Dr. Tri Iswardani A., M.Si., Psikolog		Atma Jaya Catholic University of Indonesia

		10. Psikotraumatologi	24 September 2023	Dr. Tri Iswardani A., M.Si., Psikolog Dr. Zahrasari Lukita Dewi, M.Si., Psikolog	19	
		11. Webinar Penanganan Depresi dengan Perspektif Trauma Care	12 Juli 2020	Tri Swasono Hadi, M.Psi., Psikolog Yulia Direzkia, S.Psi., M.Si., Psikolog	145	
5	Sri Lanka	1. Introduction to Trauma	8 th April 2020	Dr Parul Tank	18	Virtual
		Self Care Procedure for Coronavirius Therapist Training	6th Apr, 2020	Gary Quinn, M.D.	30	Virtual
		3. EMDR basic training Part 1	25 th -30 th April 2021	Indian Training Team	17	Virtual
		4. EMDR basic training Part 2	January 2022	Indian Training Team	12	Virtual
		5. EMDR basic training Part 1	3 rd -6 th March 2023	Dr Sushma Mehrotra Dr. Mrinalini Purandare	22	Physical
		6. EMDR with Children	May 2023	Dr Deepak Gupta	18	Virtual
		7. EMDR basic training Part 2	8 th -11 th September 2023	Dr Parul Tank Dr Sushma Mehrotra	19	Physical
6	Hong Kong SAR	1. 6 hours of Group Sharing and Case Consultation sessions for each trainee	January - March 2020	Prof Atara Sivan & Prof Petrus Ng	24	
		2. Part 1 of the Basic Training	June 2020	Prof Atara Sivan & Prof Petrus Ng	21	
		3. 6 hours of Group Sharing and Case Consultation sessions for each trainee	June – August 2020	Prof Atara Sivan & Prof Petrus Ng	24	
		4. Part 2 of the Basic Training	July 2020	Prof Atara Sivan & Prof Petrus Ng	24	
		5. Part 1 of the Basic Training	November 2020	Prof Atara Sivan & Prof Petrus Ng	36	
		6. Part 1 of the Basic Training	December 2020	Prof Atara Sivan & Prof Petrus Ng	27	

7. Part 2 of the Basic Training	December 2020	Prof Atara Sivan & Prof Petrus Ng	24
8. 6 hours of Group Sharing and Case Consultation sessions for each trainee	January - March 2021	Prof Atara Sivan & Prof Petrus Ng	24
9. Part 1 of the Basic Training	June 2021	Prof Atara Sivan & Prof Petrus Ng	27
10. Part 2 of the Basic Training	June 2021	Prof Atara Sivan & Prof Petrus Ng	24
11. 6 hours of Group Sharing and Case Consultation sessions for each trainee	June – August 2021	Prof Atara Sivan & Prof Petrus Ng	27
12. Part 1 of the Basic Training	December 2021	Prof Atara Sivan & Prof Petrus Ng	36
13. Part 2 of the Basic Training	December 2021	Prof Atara Sivan & Prof Petrus Ng	27
14. 6 hours of Group Sharing and Case Consultation sessions for each trainee	January – March 2022	Prof Atara Sivan & Prof Petrus Ng	21
15. Part 1 of the Basic Training	June 2022	Prof Atara Sivan & Prof Petrus Ng	22
16. Part 2 of the Basic Training	July 2022	Prof Atara Sivan & Prof Petrus Ng	21
17. 6 hours of Group Sharing and Case Consultation sessions for each trainee	June – August 2022	Prof Atara Sivan & Prof Petrus Ng	21
18. Part 1 of the Basic Training	December 2022	Prof Atara Sivan & Prof Petrus Ng	21
19. Part 2 of the Basic Training	December 2022	Prof Atara Sivan & Prof Petrus Ng	21
20. 6 hours of Group Sharing and Case Consultation sessions for each trainee	March-June 2023	Prof Atara Sivan & Prof Petrus Ng	21

		21. Part 1 of the Basic Training	June 2023	Prof Atara Sivan & Prof Petrus Ng	21
		22. Part 2 of the Basic Training	June 2023	Prof Atara Sivan & Prof Petrus Ng	21
		23. 6 hours of Group Sharing and Case Consultation sessions for each trainee	June - August 2023	Prof Atara Sivan & Prof Petrus Ng	21
		24. Part 1 of the Basic Training	December 2023	Prof Atara Sivan & Prof Petrus Ng	36
		25. Part 2 of the Basic Training	December 2023	Prof Atara Sivan & Prof Petrus Ng	21
7	India	1. Webinar on Using EMDR with OCD clients	Aug.7 th 2020	Dr. Sushma Mehrotra Dr. Sushma Mehrotra	25 10
		Part 2 Basic training Part 1 basic Training	Nov.18-23,2020 Dec.10-15 2020	Dr. Parul Tank Dr. Dushyant Bhadlikar Trainers In Training	22
				Dr. Deepak Gupta Dr. Usha Verma Srivastava Mr. Chintan Naik	
		2. Down 1. Docio Trainino	luna 24 24 2024	Dr. Sushma Mehrotra Dr. Parul Tank	24
		2. Part 1 Basic Training Part 1 of the Basic Training	June 21-24,2021 Oct.1-6 2021	Dr. Parul Tank Dr. Dushyant Bhadlikar Trainers In Training Dr. Deepak Gupta	24 20
				Dr. Usha Verma Srivastava Mr. Chintan Naik	
		3. Part 2 Basic Training Part1 Basic Training	Jan.15-16,22-23,2022 March 19-20,25- 26,2022	Dr. Sushma Mehrotra Dr. Parul Tank Dr. Dushyant Bhadlikar Trainers In Training	22 29
		Part 1 Basic Training	July 22-23,29-30,2022	Dr. Deepak Gupta Dr. Usha Verma Srivastava	16
		Part 1 Training	Nov 25-26, Dec.2-3	Mr. Chintan Naik	23

			2022		
		4. Part 1 Basic Training	June 9-10,16-17,2023	Dr. Sushma Mehrotra	32
				Dr. Parul Tank	
		Part 1 Basic training	Aug.25-26, Sept.1-	Dr. Dushyant Bhadlikar	29
			2,2023	Trainers In Training	
				Dr. Deepak Gupta	25
		Part 2 Basic Training	Sept.29-30, Oct.6-7	Dr. Usha Verma Srivastava	
				Mr. Chintan Naik	
8	Korea	1. Basic Training Weekend 2	2020.06.26~28	Jae Hyun Bae, Joon Ki Kim,	30
				Nam Hee Kim, Seok Hyeon	
				Kim	
		2. Basic Training Weekend 1	2020.07.17~19	Jae Hyun Bae, Joon Ki Kim,	40
				Nam Hee Kim, Seok Hyeon	
				Kim	
		3. Basic Training Weekend 1	2020.11.06~08	Jae Hyun Bae, Joon Ki Kim,	17
				Nam Hee Kim, Seok Hyeon	
				Kim	
		4. Basic Training Weekend 1	2021.04.23~25	Jae Hyun Bae, Joon Ki Kim,	35
				Nam Hee Kim, Seok Hyeon	
		F. Burit Turinia Manda and A	2024 05 40220	Kim	24
		5. Basic Training Weekend 1	2021.06.18~20	Jae Hyun Bae, Joon Ki Kim,	31
				Nam Hee Kim, Seok Hyeon Kim	
		6 Pasis Training Weekend 2	2021.08.27~29		36
		6. Basic Training Weekend 2	2021.08.27 29	Jae Hyun Bae, Joon Ki Kim,	30
				Nam Hee Kim, Seok Hyeon Kim	
		7. Basic Training Weekend 1	2021.11.05~07	Jae Hyun Bae, Joon Ki Kim,	36
		7. basic framing weekend 1	2021.11.03 07	Nam Hee Kim, Seok Hyeon	30
				Kim	
		8. Basic Training Weekend 1	2022.01.14~16	Jae Hyun Bae, Joon Ki Kim,	36
		o. Dasie Halling Weekella 1	2022.01.17 10	Nam Hee Kim, Seok Hyeon	
				Kim	
		9. Basic Training Weekend 1	2022.03.11~13	Jae Hyun Bae, Joon Ki Kim,	36
		5. Basis Halling Weekend 1	1022.00.11 10	7.5.6 1.17 d.1. 5.4.6, 30011 Ki Killi,	

		Nam Hee Kim, Seok Hyeon Kim	
10. Basic Training Weekend 2	2022.05.20~22	Jae Hyun Bae, Joon Ki Kim, Nam Hee Kim, Seok Hyeon Kim	36
11. Basic Training Weekend 1	2022.07.08~10	Jae Hyun Bae, Joon Ki Kim, Nam Hee Kim, Seok Hyeon Kim, Dong Hoon Oh	45
12. Basic Training Weekend 2	2022.09.23~25	Jae Hyun Bae, Joon Ki Kim, Nam Hee Kim, Seok Hyeon Kim, Dong Hoon Oh	34
13. Basic Training Weekend 1	2022.11.25~27	Jae Hyun Bae, Joon Ki Kim, Nam Hee Kim, Seok Hyeon Kim, Dong Hoon Oh	35
14. Basic Training Weekend 1	2023.02.10~12	Jae Hyun Bae, Joon Ki Kim, Nam Hee Kim, Seok Hyeon Kim, Dong Hoon Oh	43
15. Basic Training Weekend 1	2023.04.07~09	Jae Hyun Bae, Joon Ki Kim, Nam Hee Kim, Seok Hyeon Kim, Dong Hoon Oh	24
16. Basic Training Weekend 2	2023.05.19~21	Jae Hyun Bae, Joon Ki Kim, Nam Hee Kim, Seok Hyeon Kim, Dong Hoon Oh	43
17. Basic Training Weekend 1	2023.09.08~10	Jae Hyun Bae, Joon Ki Kim, Nam Hee Kim, Seok Hyeon Kim, Dong Hoon Oh	27
18. Basic Training Weekend 2	2023.11.10~12	Jae Hyun Bae, Joon Ki Kim, Nam Hee Kim, Seok Hyeon Kim, Dong Hoon Oh	42

EMDR ASIA HAP || 2020-2023

No.	Country	Incident/Activity	Date	Service provided	Number of beneficiaries	Additional Notes (if needed)
1	Bangladesh	1. Covid-19	2020-2021	Self Care Procedure (ISP)	200+	Pro bono sessions
		2. EMDR therapy	2022- 2023	2+ Pro bono sessions	10+	Training participants
2.	Pakistan	1. COVID-19 pandemic	April 2020 to Dec 2020	EMDR Group protocol (IGTEP) therapy and Individual EMDR sessions	30 admitted COVID-19 patients and 8 frontline healthcare professionals	Humanitarian service was provided in collaboration with Pakistan Red Crescent Society at their Hospital dedicated to COVID-19 healthcare services
		2. Monsoon floods	Sept 2022	Medical camps to screen cases with significant trauma, trauma stabilization support and referrals for individual EMDR therapy where indicated	Over 50 cases in camps dedicated for flood affectees in Balochistan and Sindh	EMDR Basic practitioner training was conducted on Humanitarian basis to equip 26 local therapists in providing EMDR therapy to flood affected population
3	Sri Lanka	1. COVID-19	February 2020	Face Mask Production for	200+	
		2. COVID-19	7 th October 2021	Oxygen cylinders for hospital	20	
		3. Economic Crisis	June 2022	Dry rations	30 families	
		4. Economic Crisis	August 2022	Dry rations	15	
		5. Economic Crisis	August 2022	Agricultural support/food security	30 families	
		6. Economic Crisis	May 2023	Agricultural support/food security	3 families	ongoing
		7. Economic Crisis	August 2023	Agricultural support/food	20 families	ongoing

				security		
4	India	EMDR Virtual Training Orientation	7 th Sept.2020	EMDR Asia Participants	25	
		2. Gary Quinn, SCP-C	26 th March 2020	EMDR Asia Participants	65	
5	Korea	1. Self-Care Procedures for Coronavirus (SPC-C) Training	2020.05.06	Nam Hee Kim, Seok Hyeon Kim	97	Pro bono training
		2. Self-Care Procedures for Coronavirus (SPC-C) Training	2020.05.15	Nam Hee Kim, Seok Hyeon Kim	469	Pro bono training
		3. Self-Care Procedures for Coronavirus (SPC-C) Training	2020.05.26	Nam Hee Kim, Seok Hyeon Kim	257	Pro bono training
6	Indonesia	1. Covid-19 / Telecounseling – collaboration of Himpsi Jaya and IPK Indonesia Jakarta Region	May 2020 – September 2021	Preparing protocols Training and case conference of counsellors Preparing administration Conducting Telecounseling Monitoring and evaluation	At least 2.400	
		2. Covid-19 / Sejiwa – National Program In response to mental health problems during Covid -19 pandemic. A collaboration of Himpsi, Presidential Staff Office, Coordinating Ministry for Human Development and Culture, Ministry of Women's Empowerment and Child Protection, Ministry of Health, Ministry of Communication and Information,	May 2020 - now	Preparing protocols Training PFA Providers Conducting tele-PFA	2.800 at December 2022	
		3. Covid-19 Response to strengthen health workers responding Covid-19 (Collaboration between Pulih Foundation Indonesia and UNFPA,	June 2020 – December 2022	 Guideline Trauma Informed and AIP Model Psychoeducation Materials PFA training 	More than 500 persons	

	Т			
	Ninistry of Health Government of		Stabilization techniques	
In	ndonesia, Save the Children)		Psychosocial Support	
			Online Counselling (with RDI,	
			EMD, EMDR)	
	. Covid-19 Response to	June 2020 – December	Guideline	More than 300
st	trengthen gender based violence	2022	 Trauma Informed and AIP 	persons
se	ervice providers and first		Model Psychoeducation	
re	esponders during Covid-19		Materials	
(C	Collaboration between Pulih		PFA training	
Fo	oundation Indonesia and UNFPA,		Stabilization techniques	
M	linistry of Women		 Psychosocial Support 	
Er	mpowerment and Child		Online Counselling (with RDI,	
Pr	rotection Government of		EMD, EMDR)	
In	ndonesia)			
5.	. Covid-19 Response for	January 2021 –	Guideline	More than 200
Jo	ournalists in Indonesia and Asia	December 2023	Trauma Informed and AIP	persons
(C	Collaboration between Pulih		Model Psychoeducation	
Fc	oundation Indonesia, and The		Materials	
Al	lliance of Independent		PFA training	
Jo	ournalists Indonesia,		Stabilization techniques	
In	nternational Media Support,		Psychosocial Support	
In	nternews)		Online Counselling (with RDI,	
			EMD, EMDR)	
6.	. Covid-19 Response Online	June 2020 - present	PFA, RDI, EMD, EMDR, etc	More than 2000
Co	ounseling Service (Pulih			persons
Fc	oundation Indonesia)			
7.	. Sriwijaya SJ 182 Plane Crash /	9 January 2021 – 9	PFA, RDI, and EMD	(62 victims) at least
Fa	amily assistance program. A	February 2021		130 family
cc	ollaboration of Himpsi and Police			members
Ho	lospital (RS Bhayangkara Tk. 1 R.			
Sc	oetanto Jakarta)			
8.	. Prison fire incident/ Family	8 – 29 September 2021	PFA, RDI, and EMD	(41 victims) at least
as	ssistance program. A			100 family

	tion of Himpsi and Police (RS Bhayangkara Tk. 1 R.			members	
	exual abuse in	January 2022	PFA and train PFA to parents	50 survivors and	
Sukabum	i, West Java/ Assistance		of survivors	100 family	
and famil	y assistance program for			members	
survivors	of child sexual abuse				
10. The R	econciliation between	21 August 2022	PFA and psychosocial	80 person	
victim an	d group of de-		support		
radicalisa	tion of terrorism BNPT				
Central Ja	ava				
11. Suppo	orting survivors of Poso	November 2022	PFA and psychosocial	30 person	
terrorism	l		support		
12. Suppo	orting survivors of	Oktober 2023	PFA and psychosocial	50 person	
terrorism	in Poso, Palu Makassar,		support		
and Man	ado				
13. The R	econciliation between	23 August 2023	PFA and psychosocial	60 person	
victim an	d group of de-		support		
radicalisa	tion of terrorism BNPT				
North Su	matra				
14. Earth	quake Response Cianjur	November 2022 –	Guideline	More than 200	
West Java	a to strengthen health	September 2023	 Trauma Informed and AIP 	persons	
workers,	gender based violence		Model Psychoeducation		
service p	roviders and civil society		Materials		
organizat	ions during crisis in		PFA training		
Cianjur (C	Collaboration between		Stabilization techniques		
Pulih Fou	ndation Indonesia and		Psychosocial Support		
UNFPA, N	Ainistry of Health,		Online Counselling (with RDI,		
Ministry	of Women		EMD, EMDR, etc)		
Empowe	rment and Child				
Protectio	n Government of				
Indonesia	a)				